

ROUND 1 INTERVIEW: DAVID FROST
September 2, 2016



DAVID FROST: I've had three eagles in one round in my career. It was in Las Vegas. Remember we used to play the Las Vegas Invitational? But I holed a 150-yard shot for the third one. So anyway, that's just my story.

Q. What about the day, the three-hour rain delay? I guess it didn't hurt you at all because you came out hot afterwards.

DAVID FROST: Yeah, I played really well today. Hit some nice shots, made some nice putts as well. I had a steady round going until we got into the rain delay and I basically just said to myself when we started out that I'm just even par and just go ahead and play from here rather than thinking about my position, which if you can mentally come up with little game plans like that, I think it always helps.

Q. Did you think that putt on 18 was ever going to drop?

DAVID FROST: No, it was on the low side of the hole and it's very rare that that happens. As I say, it drops in from the amateur side, right, so I was very happy to see it go in.

Q. How long?

DAVID FROST: About 30 feet.

Q. And not the roar that it would have been if there hadn't been the delay. Just your thoughts on no spectators right now?

DAVID FROST: Yeah, we're used to all sorts of golf and it's always nice -- people say, How can you play with all those spectators around, but it's always nice when there are spectators. Of course it creates that stage that you want to play in front of. There were a few people out there which made it worthwhile.

Q. What did you do in your downtime?

DAVID FROST: Drink. No, just kidding. You know, I like to think about the game. I try and prepare. Even before I come out here, I try and prepare in the fitness truck and make sure that I'm physically -- there's no kinks in my body. Then of course I have my wine business that I pay attention to, you know; a lot more from Monday to Thursday than Friday, Saturday Sunday.

Q. Do you check emails and that kind stuff?

DAVID FROST: Yeah, emails. There's always a little bit to do. Although I have my daughter and I have a good team working with me, I've got a good importer in the States, so it's just I stay on top of things basically.

Q. The course, are you surprised how well the course got through that storm, the greens and the bunkers?

DAVID FROST: You know, the fairways, I thought it would be a lot wetter but they've been quite hard as is and I think it would have taken a lot more rain to really soften it up a lot. The greens were just a little more receptive, which was to be expected. I only had four holes left to play so it calmed down nicely and it's nice and warm now so there will be a few good scores coming out.

Q. Did you see that Jose moved in ahead of you there with a birdie on his 17th hole?

DAVID FROST: You know, the only thing you don't want to do the first two days is shoot yourself out of the tournament. You can't win it on a Friday but you can lose it on a Friday. So I don't really pay attention to the scores out there. I mean, you take a glance at the leaderboard, but you really try and stick to your own game. Come Sunday afternoon, then you can start watching the leaderboard.

Q. Following up a good round is always difficult, especially an exceptional round like you had today.

DAVID FROST: It's just something you've got to learn to put behind you. Not try and come out and think about it and try and duplicate it for that matter. Like I said today, I came out with five holes left to go and just put a little goal out there that I'm even par. Go out there and you can break it down hole by hole where you just focus on your drive, focus on your second and just go about the business like that and it always helps.

Q. You talk about the wine business. What keeps you doing this when you've obviously got that, that seems to be a passion, and you have a birthday, what, in a week, what keeps you going?

DAVID FROST: The two goes hand in hand. My golf gives me great exposure in the wine business. If I had a dollar for everyone that asked me how the wine business was going, like you now --

Q. It doesn't hurt.

DAVID FROST: -- I would be sold out, or I would have a lot more money there. But as I say, while I can still compete at a high level like I am now, I feel I'll keep going. And I enjoy it, too. I enjoy figuring out the game. I didn't putt too well yesterday in the pro-am. Came out after the pro-am and worked on the putting a little bit. I enjoy -- I feel there is an answer for not putting well or not driving well and look at a couple of videos, check out my swing and

see if my pointers that I need to work on are there. I still enjoy the game.

Q. Are you competitive with your wine? You were early on. A lot of guys followed you into that business. A lot of them just put names on product. I know it's a lot more than that to you. Are you competitive in the wine business, too?

DAVID FROST: I grew up on a grape farm. I grew up, my grandfather bought a vineyard that was established in 1693, so it's kind of in my blood and it's part of me, so it was nice to have a business like this that it takes 20 years to build a brand. It's very competitive out there. The large wineries give away so much free wine.

You know, I try and do little wine dinners here and there and expose the brand to especially golf courses. I've got a nice distribution with Trader Joe's in the States now. We did 14,000 cases with them this year. I know we can do the good product in South Africa, I think that's what keeps me focused on the wine side, too.

Q. Will you have a glass tonight, maybe more than one?

DAVID FROST: No, I'm just taking a little break. I stopped after the British and just like to work it through until after the Tour Championship.